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|----------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Spring 1 <sup>st</sup> half term | Dance                                                                                       | Dance                                                                                       | Dance                                                                                       | Dance                                                                                       | Swimming & Dance                                                                            | Swimming & Dance                                                                                                                                                                     |
| Spring 2 <sup>nd</sup> half term | Attack and Defend                                                                           | Attack and Defend                                                                           | Attack and Defend                                                                           | Attack and Defend                                                                           | Attack and Defend                                                                           | Attack and Defend                                                                                                                                                                    |
| Summer 1 <sup>st</sup> half term | Send and Receive                                                                            | Send and Receive                                                                            | Striking and Fielding                                                                       | Striking and Fielding                                                                       | Striking and Fielding                                                                       | Striking and Fielding                                                                                                                                                                |
| Summer 2 <sup>nd</sup> half term | Athletics                                                                                   | Athletics                                                                                   | Athletics                                                                                   | Athletics                                                                                   | Athletics & Outdoor Adventurous                                                             | Athletics & Outdoor Adventurous                                                                                                                                                      |
| Key sports figures               | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a> | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a> | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a> | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a> | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a> | <a href="https://sportsforschools.org/athletes/">https://sportsforschools.org/athletes/</a>                                                                                          |
| Cultural Capital                 | Sports Day                                                                                  | Sports Day                                                                                  | Sports Day<br>Visit BWFC Club                                                               | Sports Day<br>Visit Bolton Rugby Club                                                       | Sports Day<br>Visit Manchester Giants                                                       | Sports Day<br>Visit local Cricket Club                                                                                                                                               |
| Skills Development               | See Key PE sports Knowledge Maps for each half termly theme                                 | See Key PE sports Knowledge Maps for each half termly theme                                 | See Key PE sports Knowledge Maps for each half termly theme                                 | See Key PE sports Knowledge Maps for each half termly theme                                 | See Key PE sports Knowledge Maps for each half termly theme                                 | See Key PE sports Knowledge Maps for each half termly theme                                                                                                                          |
| Swimming lessons                 |                                                                                             |                                                                                             |                                                                                             |                                                                                             | Begin to swim with confidence over a distance of 10m.<br>Begin to learn different strokes.  | Swim competently, confidently and proficiently over a distance of at least 25m. Use a range of strikes effectively.<br>Perform safe self-rescue in different water-based situations. |