

PHSE: CURRICULUM OVERVIEW



National Curriculum Focus						
Relationships		Living in the wider world			Health and wellbeing	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat others with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendship[s] change as we grow?	
Key Dates/Events	10 th September – World First Aid Day 21 st September – Day of Peace October – Black History Month October 7 th = World Smile Day October 10 th - World Homeless Day	24 th October – United Nations Day 11 th November – Remembrance Day 13 th November UK Kindness Day 14 th -18 th November- Anti-Bullying Week 17 th -23 rd Children's Grief Awareness Week 18 th November Children in Need 10 th December – Human Rights Day	27 th January Holocaust Memorial Day February LGBT History Month Children's Mental Health Week 7 th 13 th February Safer Internet Week 8 th February International Women's Day 14 th February – Acts of Kindness Week	16 th March – Young Carers Day 20 th March – International Happiness Day 21 st March – Day for Elimination of Racial Discrimination 7 th April – World Health Day	May 21 st – Cultural Diversity Day 13 th May – Mental Health Awareness Week 15 th May – International Families Day	International Friendship Day 30 th July June – Gypsy Roma and Travellers History Month June – Pride Month 19-25 th June Refugee week 29 th June RSE Day
Cultural Capital						

LINKS TO EYFS PROGRAMME OF STUDY

Nursery

Personal, Social and Emotion Development

- Develop their sense of responsibility and membership of a community.
- Become more outgoing with unfamiliar people in the safe context of the setting.
- Show more confidence in new social situations.
- Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.
- Increasingly follow rules, understanding why they are important.
- Develop appropriate ways of being assertive.
- Talk with others to solve conflicts.
- Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.
- Understand gradually how others might be feeling.
- Be increasingly independent in meeting their own care needs, e.g brushing teeth, using the toilet, washing and drying hands thoroughly.
- Make healthy choices about food, drink, activity and toothbrushing.

Understanding the World

- Show interest in different occupations.
- Begin to understand the need to respect and care for the natural environment and all living things.
- Continue developing positive attitudes about the differences between people.
- Know that there are different countries in the world and talk about the differences they have experienced or seen in photos.

Reception

Early learning goal

Personal, Social and Emotion Development

- See themselves as a valuable individual.
- Build constructive and respectful relationships.
- Express their feelings and consider the feelings of others.
- Show resilience and perseverance in the face of challenge.
- Identify and moderate their own feelings socially and emotionally.
- Think about the perspectives of others.
- Manage their own needs - personal hygiene.
- Know and talk about the different factors that support their overall health and wellbeing.

Understanding the World

- Talk about members of their immediate family and community.
- Name and describe people who are familiar to them.
- Comment on images of familiar situations in the past.
- Understand that some places are special to members of their community.
- Recognise that people have different beliefs and celebrate special times in different ways.
- Recognise some similarities and differences between life in this country and life in other countries.